

Sparta Soccer Club Training Policy

Adopted June 2013

- 1) All Head Coaches are required to have a “National D” license (or an equivalent certification) to train their teams without a trainer for U12 and under (applies to fall and spring sessions only, winter sessions can be run by any “F” license coach).

- 2) All Head Coaches are required to have a “National C” license (or an equivalent certification) to train their teams without a trainer for U14 and under (applies to fall and spring sessions only, winter sessions can be run by any “F” license coach).

- 3) All Head Coaches of newly formed travel teams (starting with the U8 boys and girls teams this fall 2013) will be considered “Parent Coaches.” The teams are required to have a trainer for both practice sessions and game days. The Parent Coaches are allowed to assist with coaching on game days or coach alone if the trainer is unable to attend. The only exception is if the Parent Coach meets policy #1 stated above.

- 4) All Head Coaches of high school teams (spring season only) will be decided upon on an individual basis by the Sparta Soccer Board.

- 5) Currently formed travel teams are not required to have a trainer on game days, unless agreed upon by the team, coaches and parents. However, they are required to have trainers for both practice sessions. The only exceptions are if the Head Coach meets policy #1 or #2 as stated above.

****It is recommended that the Parent Coaches work with the team trainer at practice sessions and on game days.***

Director of Training
James Wiegand